

No need to be perfect, but ...

Aim For Excellence



I am far from perfect! I hate to say it, but you are far from perfect! In fact every person on the planet is far from perfect. The good news about our lack of perfection is that... none of us have to be. Isn't that a fantastic relief? The problem with trying to be 'perfect' and achieve a 'perfect scenario' is that because it will never happen, all it will do is create stress, doubt and confusion. When we can take the pressure off ourselves and remove the need to be perfect, then we can open the door and allow ourselves to aim for excellence. I have just been reading a great book called 'Geared for Growth', and in it I got very excited when I read the the authors process by which we can attain excellence ...

This is what he said ...

“**Excellence** can be attained if you ...

- Care more than others think is wise
- Risk more than others think is safe
- Dream more than others think is practical
- Expect more than others think is possible
- Work more than others think is necessary

Don't settle for average. Nobody pays for average. Nobody respects average.

Everybody wants excellence”

My new rules for living!

Do you know what excited me the most? When I looked at that list, I thought to myself, 'I can do all of them'. What about you? I believe I can and I want to live that way ... what an incredible blueprint for happiness in life. What it is really saying is that attaining excellence is simply doing a little bit more than most people are or will do. When we decide to step out to do and be just a little more than most people then we will live and have what many will never have ... a life of excellence!



Care more than others think is wise ...

Care about yourself more than you do now. Care about everyone you meet, even the ones who don't seem to care about you. Care about the people close to you so much that they have no doubt about how you feel. Care about all living creatures and watch how it comes back to you.

Risk more than others think is safe ...

Take a chance on a life of excellence! Do something that scares you everyday. Risk being rejected, risk failure, risk pain & discomfort, risk making a mistake and risk looking silly. Do it for a life of joy, a deeper love and far greater achievements. I have always said I would much rather live with the discomfort of pain, mistakes, ridicule and rejection from taking a chance rather than live with the pain of regret for never having tried!

Dream more than others think is practical ...

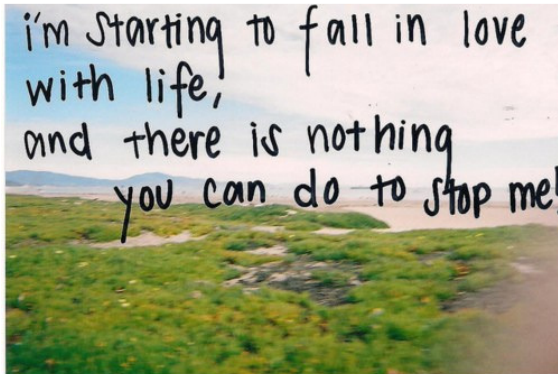
It is time to be a child again! Do you remember when you were young and nothing was impossible? You dreamed of all the amazing things you would do with your life – what happened to those dreams? They got buried under the reality of your current life ... right? Well now is the time to dig them out, dust them off and start dreaming again ... and Dream Big. What ever it is that you really want, deep down inside of you, that you never thought you could ever have ... is possible! You can have it if you first start dreaming it. It was Napoleon Hill who said, 'What the mind of man can conceive and believe it can achieve'. DREAM BIG!

Expect more than others think is possible ...

It is said that you don't get what you want or deserve, you get what you expect! So stop doubting yourself and start expecting the best! Expect that you will get that job – why wouldn't you? Expect that you will meet the perfect partner – you are worth it. Expect that you have the ability to do what you need to do to be successful – you have already achieved success before, haven't you? You are a tightly coiled spring of potential - all it takes is expectation and action to release that potential and turn it into abundance – what are you waiting for?

Work more than others think is necessary ...

If you can live the four principles above then work will be a natural result as it is the vehicle by which you will turn your caring, risking, dreaming and expectation into your amazing reality. It won't even seem like work and you won't count the cost nor will you watch the clock. You will just do whatever it takes to live a life of excellence - because it will be your purpose and your calling. Others will look at you and think you are crazy and wonder where all your energy comes from ... you know and you will love your life.



I honestly think that, of all the books I have read, this is the one that has delivered me the message that will propel me forward the most. I hope this message has impacted you in the same way.

Just remember ... *"Don't settle for average. Nobody pays for average. Nobody respects average - **Everybody wants excellence**"*

Nothing can stop you ... have an excellent week!!

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Andrew Jobling
ANDREWJOBLING.COM.AU