

Set Goals That Stick?

Find that
'One Thing'
and...

THE WORKSHOP

Meet the Presenter

Andrew Jobling



Andrew Jobling played senior AFL football for the St Kilda Football Club. He has over 20 years experience in educating, mentoring, speaking, business development and health & wellbeing

Andrew is the author of the bestselling *'Eat Chocolate, Drink Alcohol and be Lean & Healthy'* and *'Dance Until It Rains'* and is a dynamic and inspirational speaker who spends his time sharing the secrets that have changed countless lives

Some testimonials:

"I have heard the concepts before, but this time I feel like I will do what I have written down & I will be successful!"
Andrew

"Andrew you are amazing. I've been to a lot of goal setting seminars before, but yours is the most easy to apply. Thank you!"
Rina

"Awesome, so passionate. Very informative and a lesson I will take with me & remember always. Thank you!"
Monique

"I always knew what would make me happy. I didn't realize how easy it could be to achieve!"
Piero

Learn how to design, plan, implement and create the life that you choose.

Would you like to be happier, healthier and more prosperous? Is that a dumb question? Have you found previously that there are certain things that have held you back?

Andrew believes in the amazing talent within you and incredible possibilities that life has to offer! Do you believe this for yourself?

In this workshop Andrew will help you; to create a vision for your life, decide what you really want, identify and deal with the things that have previously held you back and put together a plan that, if followed consistently and with passion will lead to the creation of the vision of a life that you have dreamed about!



If that sounds good then this is a workshop that is not to be missed.

If you would you like to learn how you can create the life of your choice...

BOOK NOW as spots are limited

The Session:

You will fly out of this workshop with:

1. A clearer vision of what you want for your life
2. The belief that you can achieve anything you set yourself
3. An empowering goal setting strategy that works
4. The passion and determination that you will achieve your goals and the create the life of your dreams, irrespective of circumstances
5. An understanding of how simple achieving success really is

The Details:

WHEN: Monday October 26, 6:30-9:30pm

WHERE: **East Melbourne Library**
122 George St
(Nearby parking times are limited to 1 hour. You may want to get there earlier and find an appropriate spot)

COST: \$75 per person or buy 4 tickets and get **one free!**
(includes workshop and life changing workbook)

BOOKING: Call Andrew on 0414973315 or go to;

www.andrewjobling.com.au/stickygoals.php