

2011 – MY BEST YEAR EVER



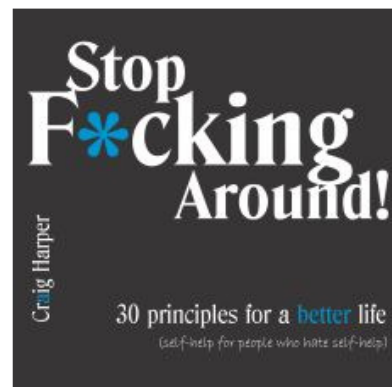
HAPPY NEW YEAR! Well here we are again hey? Another year gone and a new, pure and untouched year laying out ahead of us. Will we take this year and truly make it our best year ever by stepping out to actually do, be and have the things we really want? Or will we be sitting here again this time next year wishing we had done more? I want to talk about myself a little here and hope that by doing so it inspires you to not just reflect on how good 2010 really was for you, but to make 2011 your best year ever!

It is Saturday January 1, 2011 and I have just caught the end of a documentary about J. K. Rowling, the author of the Harry Potter books. She went from just 'one of us' to one of the most successful and wealthy people on this planet by making a simple decision. The interviewer asked her a series of questions to finish off the show and the answer that impacted me the most was to the question; *'what do you want people to remember about you when you are gone?'* She said something along the lines of; *'I want them to say that 'she' did the best she could with the life 'she' had been given.'* It was an answer that sounds simple but stopped me and forced me to ask; am I **really** doing the best with the life and opportunities that have been presented to me?

Seeing the best and learning the lessons from the last 12 months

When I look back at 2010 I can honestly say there have been some incredible things that happened that I am seriously grateful for. Decisions I have made, things I have achieved in business, my book manuscript finished and at the printers, great people I have met and many other things. But I believe what has been the greatest blessing in my life in 2010 has been the things that haven't gone so well and the things I haven't done! Why, you may ask? Powerful lessons and fuel for the fire! I think like many people, I have made some pretty big screw ups and I have procrastinated on things I really should have done something about. I looked back with disdain, kicked myself for my apathy and was about to start being not so kind to me when I came across a book written by a good friend of mine, Craig Harper ...

As you can probably tell from the title Craig tells it how it is! He has been a great friend, mentor and business partner of mine for over 20 years and he has written this fabulous little book that plain and simply, with some expletives, has got me focused again and on the track to make 2011 my greatest year ever. This book is perfect for me right now and anyone who is wanting to get more out of 2011 and their life. It is entertaining and honest! Yes, I said 'honest' so it contains some stuff that, whilst confronting, we may need to hear!



Is it time to stop F*cking around?

In many respects it is for me and I am guessing that for many other people the answer to the question would be 'yes'! I wanted to share a small taste of Craig's book to hopefully motivate you to, not only get a copy, but actually use the fabulous humour, inspiration and information to change your life forever.

His book contains '30 principles for a better life' that are appropriate as we launch into 2011 to make it our best year ever. Here is an excerpt from the first chapter, **Principle One – Stop shooting yourself in the foot:**

'Be Honest. Do you ever get sick of you? Me too

Me, that is. Not you.

Are you ever a dickhead? Like, a great big self-sabotaging dickhead? Thought so. I can tell. I know about these things. Besides, you have that goofy 'I-can-be-dickhead-sometimes' look on your face. For someone who is pretty smart, are you amazed at how stupid you can be? Me too.

You, that is. Not me.

*Have you made the same mistakes **like** five million times? Even though you know what **not** to do? Do you keep doing the same stupid things with the same people, while hoping that things will somehow **work out** this time?*

And how's that going for you?

Thought so.

Yep, smart people do stupid stuff everyday. It's called being human. We're complex and wonderful creatures with an amazing ability to fuck things up and then stand back and wonder what happened. Did I mention this book might get a little technical from time to time?'

During this chapter Craig talks more about our self-destructive tendencies and then finishes off ...

'Not only is self-sabotage exhausting and destructive, it's also completely unnecessary. So, if you're finally done with the crap results, now's probably a good time to identify your self sabotaging behaviours, attitudes and habits and to consciously go about the business of changing them.

By the way, identifying the stuff-you-do-badly is not about self-loathing or beating yourself up. At all. It's about self-awareness, honesty and transformation. It's about doing different to produce different. Don't get precious, get proactive.

I know you're amazing but do you?

'Don't get precious, get proactive'

Now is the time to get over ourselves and to get proactive and I believe Craig's book to be a simple but positive proactive start to making 2011 our best year ever. It can be purchased from his website; www.craigharper.com.au. Let's choose to make 2011 our best year ever and enjoy our life of joy and abundance.

January 1, 2011