

The Little Things...

Make the biggest difference



A couple of weeks ago I wrote an article about meeting Olivia Newton-John ... She was performing at the MCG before an AFL game and doing some fundraising for her Cancer and Wellness Centre. As I had decided to donate a percentage of my book sales and do some of my own fundraising for her centre I thought about what an amazing thing it would be to meet her and give her my books. So I juggled my schedule and took the opportunity and was extremely fortunate and grateful to meet her for a short time, get a photo taken and give her a copy of my two books. It was a fantastic experience and I am glad I took the chance ...

I certainly hoped she would read and like my books, but to be honest that was the last I really thought I would hear about that experience. I just knew it would be one of those great memories that I would have in my life. But I didn't predict or expect the class of Olivia Newton-John.

So, over the Queen's Birthday weekend Laura and I had a stand at the Mind Body Spirit Expo which was a great experience as we met some really amazing people. As I was talking to someone at the Expo I noticed my phone was ringing. I didn't answer it, but I saw there was an international number showing on the screen. I kept talking and forgot about it until it was time for a break. I went to sit down, have a bite to eat and listen to my phone message. I was a bit intrigued as I wondered who would be calling from overseas, California to be precise. Then I listened to the message ...



I don't know if anyone was watching me, but if they were they would have seen my jaw drop! It was Olivia Newton-John who had personally taken the time to call me and thank me for the books and wish me all the best with my mission to spread the word of wellness! I couldn't believe it! I was actually glad I didn't answer the phone because if I had there wouldn't have been a message and no one would have believed me!

Such a little thing, but what an incredible impact!

It may not seem to be that big of a deal. But when I think about all the people around the world who send her cards, give her gifts or go out of their way to meet her or do something for her it is mind blowing! There must be millions! I am also not so egotistical to think that I am any more special than any of those other people that she would just call me and no-one else! She would do it for all of them! No wonder she is such a successful and amazing person – not because of all her brilliant performances, such as ‘Grease’, but because of the time she spends doing the little things that no-one sees! That one little phone call to me has changed me – it has really reinforced to me that it really is the little things that make the biggest difference.



When I think about that one simple act from Olivia and then I think about all the people I have played that message back to and the even more positive feelings we all now have about Olivia it is pretty powerful. I am going to work harder to raise more money for her Cancer and Wellness Centre now, not just because of the cause, but because of her. She has created a band of loyal followers all around the world; not because she has an amazing singing voice, not because she has kissed John Travolta, not because of any of her obvious success, but because of all the little thoughtful acts she does everyday.

Let's stop aiming for the big win and focus on little things that matter ...

When we focus on the little things, the big win will come as a natural consequence. Why is it that many of us are waiting for the big breakthrough in life? Why do we feel lucky or unlucky about our circumstances? If they are good we are lucky and if they are bad we are unlucky! It is as if there is some cosmic force out there that controls our destiny and the results we get in life.

Olivia bought it home to me so powerfully – success is not about luck. It is not about being in the right place at the right time, it is not about talent nor having perfect circumstances. It is about doing little things that many people would never consider significant in the big picture, but that actually create the big picture!

It is about that phone message to say thanks, that word of encouragement and that smile to make someone feel better. It is that extra little bit of customer service, that extra time spent with family and that simple decision to eat breakfast everyday. It the cumulative impact of these little seemingly insignificant things that not only inspire others but that will create an incredible wave of abundance that is waiting there for all of us.

What little things will we do this week?

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