

Never Work Another day ... Ever Again



Isn't perspective a wonderful thing?! How bad is your job or business when you really stop and think about it? How grateful are you to have it? How does it contribute to the things in your life that are most important to you? Often just a simple shift in perspective will make the biggest difference in our lives. When you look at this photo you would have to imagine that this man must hate his job – right? I mean all he does is sit there all day holding a target wondering when some lethal projectile will take him out. Maybe he hates it or maybe he doesn't ...

Things only have the meaning we give them and have the impact on our lives that and allow them to have. So does this man hate what he does or does he love it? Is it a drag to get out of bed and go to work or does he feel grateful because he feels he doesn't ever work, yet he gets paid for it? This is his choice, this is our choice! If we choose it to be will never ever work another day – ever again.

That nasty four letter word ...

The word 'work' really has a negative connotation doesn't it? We associate it with something we don't want to do but have to do to make money to do the things we that we want to do. The problem with this thinking is that because we spend such a large percentage of our energy and time producing income that when we finally get some time to really enjoy our 'life' we are too exhasuted and stressed out! We have just spent the last day, week, month, year or many years doing something we hate – because we believe we have to! This doesn't sound like much fun to me!



This is why I get so annoyed with the whole promotion of the concept of work/life balance. The message it sending is that 'work' and 'life' are separate and that is okay to hate what you do to make money as long as outside of work you do things you enjoy and that relax you ... what a load of #@*#&#! What do most people do after a long and 'stressful' day at work? Sit on the couch and complain and moan about their job! This is not 'balance' this is, in fact, a very sad existance!!

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Did you know that the hours we spend making money are actually part of our life? In fact a significant percentage of our life? Did you know that there are people who love what they do to earn their income? I absolutely do – you may too. If you do, good on you that is fantastic – if so I would ask you to send this article to others you know who may not love what they do.

I have heard it said and I totally believe it that if you love what you do, then you will never work another day in your life (that is assuming 'work' is a bad thing!). Who is to say that the lady sniffing arm pits doesn't absolutely and passionately love what she does? How do we know that she doesn't leap out of bed each morning with vim and vigour singing "Hi ho, hi ho it's off to sniff pits I go"! It has nothing to do with the activity she does to earn her income, but everything to do with her attitude and thinking around it.

It is your life and you are in control



I remember many years ago I had just got back from a year of travel to no job. I had spent all my money and I was pretty desperate. A friend of mine got me a job at a pub as a kitchen hand. After only a couple of hours I honestly thought it was the worst job in the world! Scrubbing disgusting pots and pans non stop and getting treated like a second class citizen by chefs, cooks and even waitresses! It was exhausting, boring and humiliating work. I hated it! The only thing that kept me going was thinking about the jobs out there far worse than this one and how grateful I was to be able to do it and lucky to have it.

I decided to try and enjoy it, so after the first day I started having fun with it. I was cheeky with chefs and flirted with the waitresses. I even started to think about the importance of my job. Without me they would have no clean dishes, pots and pans and so the chefs couldn't cook and the kitchen wouldn't be able to operate – I was the most important person there!! I actually started to enjoy the job! Did I want to do it forever? – no way! Did I last very long? – no I didn't. But I learnt a valuable lesson – that loving what I do has nothing to do with the job, but everything to do with me!

Love what you do

I am now very blessed to be able do what I am passionate about, love it **and** get paid well for it. But I made the choices to get me here – it wasn't and isn't luck! We can all love what we do, if we simply change our perspective and have some fun **and** understand what an important role we play and that our organisation could not function without us.

There maybe some situations that are out of our control and eliminate any chance of enjoying our income producing hours. I have been there before – but I didn't stay there! If you just can't love what you because of other factors – get out! Get out, take a chance and find something you can love and be passionate about and ... **you will never work another day – ever again!**

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