

# IT IS IN THE STARS ...

## *If you choose it to be!*

I have always been a skeptic when it comes to the zodiac and the concept that our star sign will determine who we are and what we will get in our life. I am a Virgo which supposedly means that I am modest & shy, meticulous & reliable, practical & diligent, intelligent & analytical. Why just Virgos? Don't we all have the choice to develop these traits if we believe they would help in our lives?



So, as you can probably guess I don't read my star signs and when Laura reads them to me (as she is also a Virgo) I switch off. That is until a friend of mine, who is also a Virgo, showed me the Virgo star sign for October 19, 2010 ... I have always wondered why there are so many Virgos around, until I worked out that August and September is 9 months after Christmas and New Year! There are a lot of people, myself included, who can be very thankful for alcohol and the silly season!!

### **VIRGO – October 19, 2010**



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Anyway, my friend showed me the star sign that she read in the **Melbourne Herald Sun** and I was impressed. It wasn't fluffy and it wasn't flaky. It was real, it was powerful and it was life changing ... assuming the reader actually implements it. But I then thought, again, what has this got to do with just Virgo's and why isn't this a message that every person on the planet needs to hear and apply. This is what it said;

***"There is no need in your life now for self-doubt or self-denial. If you can only remain clear in your mind about what matters you will find that you swiftly and easily reach your goal. Don't return to an old habit pattern just because it seems comfortably familiar. Don't put off an important decision just because you fear the consequences of being bold; and don't be distracted from your highest priority. Just a minor change of attitude can produce a major change of circumstances. Have faith in yourself. You deserve this.***

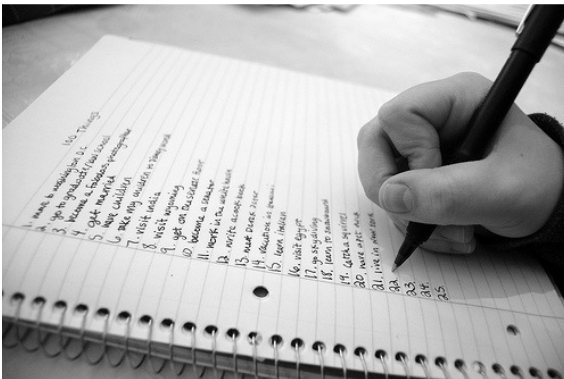
## We determine our own stars

I have read and re-read this statement and absolutely love its message because it fits in totally with my beliefs and values. Yet it has nothing to do with the fact that I am a Virgo! I just wonder whether there are actually people who would disregard this because they are not Virgo's and would only take notice of and live up to what is 'in their own stars'! I am sorry if this offends anyone, but reading the stars will not determine the successes or failures that we experience in our lives. Why would we limit ourselves like that? The statement above is for everyone and, whilst it is a Virgo star sign, is basically saying that we **determine our own stars!**

I say it time and time again and I write it ad nauseum because I know there are still people out there waiting for the 'magic bullet'. Waiting for the big breakthrough or the day that their stars tell them the thing they want to hear which they hope will just magically change their lives for the better. I am here to say that only one person can change our lives for the better. Only one person can determine what we have or don't have – it has nothing to do with the zodiac!



## Let's write our own stars



What we get in our lives has nothing to do with what is 'written in the stars', but more about what we write to create our own stars. What do we want to have? How do we want to live? Who do we want to help? Where do we want to travel? What is most important? Write it down, read it daily and then get out there and make it happen. It really is that simple.

Whatever our star sign is and as much as we love to read it, get our psychic readings or look into the crystal ball; none of these things will determine how our life will turn out if we just sit around and wait for them to happen. If we decide, however, that we will design and live the lives of our dreams. If we decide that we will be impervious to and overcome the negative influences in the world around us. If we decide that we are willing to do what it takes to make it happen, then we will determine our own stars.

**Start writing!**

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